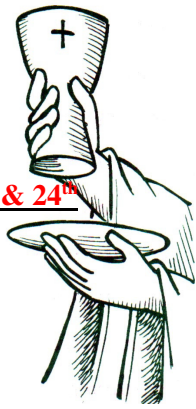


Ss. Peter & Paul's Church, Straide

Fr. Martin Convey P.P., Tel: (094) 9031029

email: pp@straideparish.com, Parish Website: www.straideparish.com



Masses (17th Sunday in Ordinary Time / World Day of Prayer for Grandparents & Elderly) July 23rd & 24th

Saturday, 23rd	8:00 pm	James Maloney	Tavnabeg
Sunday, 24th	11:00 am	People of the Parish Community	
Monday 25th	10:00 am	Private Intention	
Tuesday, 26th	10:00 am	Private Intention	
Wednesday, 27th	7:00 pm*	John and Ann King Cloonconlon and sons Patrick & Jerry	
Thursday, 28th	10:00 am	Private Intention	
Friday, 29th	10:00 am	Private Intention	
Saturday, 30th	8:00 pm	People of the Parish Community	
Sunday, 31st	11:00 am	Cemetery Sunday – Mass in the New Cemetery (weather permitting)	

*Please note – the later time of Mass on Wednesday at 7.00 pm in the evening.

We remember in our prayers – the soul of Kathleen McGowan, Aughaward who died during the week. Her funeral was held on Thursday last. Also, the soul of Mary Forde, Claregalway (a sister of Tom Cahill, Pollagh) who died recently. May their souls Rest In Peace.

Cemetery Sunday – Mass will be celebrated in the New Cemetery on Sunday, July 31st at 11 am – weather permitting. If not, Mass will be celebrated in the Church. The Castlebar Concert and Marching Band will provide the music.

Please Remember – Newsletters are 'single use items'. If you take one on the way into church, please bring it home with you. Do not discard it on the seat or return it to where you got it from.

The Fr. Patrick Peyton Centre - is looking for volunteers to help in the recently opened information hub in Knock village close to the Shrine called 'Mission of Father Patrick Peyton CSC'. If you would like to help call 096-45374.

'It's Cardiac Rehab' – is a podcast series bringing together experts in cardiac rehab and patients who have attended cardiac rehabilitation. Topics included are exercise, medication, healthy eating and the psychological impact of living with heart disease. If you have had a cardiovascular event such as a heart attack, coronary artery stenting or coronary artery bypass surgery – log onto <https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/> for more information

Reek Sunday 2022 - The annual Reek Sunday pilgrimage takes place on Sunday July 31st at Croagh Patrick. Confessions on the summit 7:30am - 2:00pm. Mass hourly from 8:00am - 2.00pm. Mass in Irish at 10.00 am.

"Old age is no time to give up and lower the sails, but a season of enduring fruitfulness: a new mission awaits us and bids us look to the future. 'The special sensibility that those of us who are elderly have for the concerns, thoughts and the affections that make us human should once again become the vocation of many. It would be a sign of our love for the younger generations'. This would be our own contribution to the revolution of tenderness, a spiritual and non-violent revolution in which I encourage you, dear grandparents and elderly persons, to take an active role."
(Pope Francis – Part of his message for *World Day for Grandparents and Elderly 2022*)

We recommend – that masks continue to be worn in Church for the time being. There is no *legal* requirement to do so.

Rosters for July 2022

Offertory Collectors:	July:	Saturday Evening:	Maureen Maloney & Julia Molloy
		Sunday Morning:	Kieran Jordan & Kevin Bogue

COVID-19 Support Line for Older People – support line is open 7 days a week, 8am - 8pm. Call 0818 222 024.

Mayo Cancer Support Association - will host its Annual Public Meeting on Monday, July 25 next in Bridge St Bar, Main St Castlebar at 8.30pm. All are welcome to attend. Call (094) 9038407 for more details.

The Mayo Recovery College are facilitating their free Summer Sessions every Wednesday in July from 10am – 1pm in the Atlantic Technological University Castlebar. Anyone with an interest in mental health and wellbeing are very welcome to attend any/all dates. Call/text 0860294901 or email karen@mentalhealthireland.ie

Bereavement Support Group at Knock Shrine - Life after a family bereavement can feel very lonely. Sometimes spending time with others who know the experience can be helpful. A *Bereavement Support Group* meets every Wed at 11am at the Family Centre, Knock. All are welcome. More information from Monica Morley Knock 094-9375320.

Grow Meetings - A self- help group helping people suffering from stress, anxiety, depression, panic attacks, loneliness etc. meet every Tuesday night at 8 pm in Ballina Community Centre.

Donations to all collections - can be made securely and conveniently online at www.straideparish.com.

Many thanks - to all who use this facility and to all who contribute to, and support, the running costs of the church.

Moy Davitts 50/50 Draw - Congratulations to Declan Prendergast who won €405 in the Moy Davitts 50/50 draw last Saturday. Tickets are available in the usual retail outlets and <https://smartlotto.ie/Bohola-moy-davitts>

Thought for the Day: A river cuts through rock not because of its power but because of its persistence (J. Watkins).

Newsletter: Items for inclusion to be handed into the Parochial House by 12pm on Thursday or email pp@straideparish.com.

The Adult Studies - in the Catechism of the Catholic Church pilgrimage to Knock takes place on Saturday, 30 July 2022 with the theme “The Catechism of the Catholic Church: A Pearl of Great Price left on the Shelf”. Fr. John Harris OP, Prior Provincial of the Irish Dominicans, will be the principal celebrant of Holy Mass at 3pm on the day. He will also lead a workshop in St. John’s Rest and Care Centre at 11:30am. For more information see www.catechism.ie

Encounter School of Ministry - Are you hungry for more? Do you want to go deeper in your faith? Do you want to live from your identity as a child of God? Then, this course is for you. The Encounter School of Ministry is a dynamic training program designed to teach, equip, and activate you in the full supernatural lifestyle of Jesus so that you can walk with God in intimacy and demonstrate his love and power to the world around you! Drawing from the richness of our Catholic heritage we are offering an online training program for Ireland, designed to take you to the next level in your ministry. Enrolment is for one year, so you can discern your continuation as a Year 2 student. Our curriculum and content is rooted in Catholic Tradition and faithful to Catholic teaching. Classes are held on Thursdays at 7:30pm from mid-September through May. For more information visit <https://encounterschool.org/online-campus-ireland/> Be sure to select the Online – English Campus and you will then be able to choose the 7:30 IST / 2:30pm ET time slot for your zoom session! Places are limited!

Living Well Programme - Living Well is a free online group programme delivered over six workshops (2.5 hrs x 6). It is delivered by trained leaders, most of whom are also living with a long-term health condition. You will develop self-management skills and confidence to live well with your health conditions. Monday, 5th Sep-10th of Oct, 10.30am-1pm, Wednesday 7th Sep -12th Oct, 7pm-9.30pm and Tuesday 20th Oct- 25th Oct, 10.30am – 1pm. To Book Your Place please contact Olga Maguire on 086 0142688 or email omaguire@southmayo.com . You can find more details about the programme on www.hse.ie/LivingWell

Lough Derg Three Day Pilgrimage runs until 15th August (Sat 13th Aug is final day to begin the Pilgrimage). Admission €80 | Booking advised | Concessions available for students, seniors and groups. All booking info. available at www.loughderg.org, email info@loughderg.org or telephone (071) 9861518. *Lough Derg, Pettigo, Co Donegal, F*

Mayo Cancer Support - provides free support services to those affected by cancer. Call (094) 9038407.

Accord Counselling - Challenging times can be rough on relationships. When it comes to protecting your most precious investment (your marriage), talk to ACCORD. Our services, based on your needs, not your ability to pay, can help you get the most from your marriage. Morning and evening appointments are available. Office hours are from 10 am to 1pm Monday to Friday, contact (094) 92 54944 or email accordcharlestown@gmail.com.

Mayo Cancer Support - offers a range of emotional support to people with cancer and their families. Call 094 9038407 for information.

Bereavement Support Group at Knock Shrine - Life after a family bereavement can feel very lonely. Sometimes spending time with others who know the experience can be helpful. A *Bereavement Support Group* meets every Wed at 11am at the Family Centre, Knock. All are welcome. More information from Monica Morley Knock 094-9375320.

CCTV – operates 24 / 7 within the Church and in the Church car park. The parish policy concerning CCTV can be found on the parish website (www.straideparish.com) – as can all parish policies.

Knock Counselling Service – available at (094) 93 75032 or log on to www.knockshrine.ie/counsel

A prayer for Ukraine



Loving God,
We pray for the people of Ukraine,
for all those suffering or afraid,
that you will be close to them and protect them.
We pray for world leaders,
for compassion, strength and wisdom to guide their choices.
We pray for the world
that in this moment of crisis,
we may reach out in solidarity
to our brothers and sisters in need.
May we walk in your ways
so that peace and justice
become a reality for the people of Ukraine
and for all the world.

Amen

