

# Straide/Bohola/Shraheens Newsletter

Stephen O'Mahony PP/Adm – 094-9384115/086-8226405 – [boholarparish@gmail.com](mailto:boholarparish@gmail.com) (email for newsletter)

Newsletter available on [www.straideparish.com](http://www.straideparish.com) and [Straide Parish Facebook page](#)

**16<sup>th</sup> Sunday in Ordinary Time – 20<sup>th</sup> July 2025**



## The Week Ahead

Saturday, July 19 <sup>th</sup> .	12 noon <b>Straide</b> 8.00pm <b>Straide</b>	Funeral Mass of Nancy Rainey, Blanemore. Kathleen, Martin & John Mulrennan.
Sunday, July 20 <sup>th</sup> .	9.30am Shraheens 11.00am Bohola	Patrick & Celia O'Brien and deceased family, Ara. Noreen Moore, Clooneen (14 <sup>th</sup> Anniversary) & deceased of O'Brien & Moore families.
Monday, July 21 <sup>st</sup> .	8.00pm	Mass of Thanksgiving for Adoration.
Tuesday, July 22 <sup>nd</sup> .	<b>7.30 -8.30pm</b>	No Mass. <b>Adoration of the Blessed Sacrament in Straide.</b>
Wednesday, July 23 <sup>rd</sup> .	<b>10.00am Straide</b> 10.00am – 12 noon 5.00 – 9.00pm	<b>For all the People.</b> Adoration of the Blessed Sacrament. Adoration of the Blessed Sacrament. ( <i>Blessed Sacrament Chapel</i> )
Thursday, July 24 <sup>th</sup> .	10.00am <b>Straide</b>	Private Intention.
Friday, July 25 <sup>th</sup> .	7.00pm	Ian Pielow, Ballyglass. (4 <sup>th</sup> Anniversary)
Saturday, July 26 <sup>th</sup> .	11.00am 8.00pm <b>Straide</b>	John Kelly, Straide. (Month's Mind) James Maloney & his wife Ann, Tavnabeg.
Sunday, July 27 <sup>th</sup> .	9.30am <i>Shraheens</i> 11.00am <i>Bohola</i>	For all the People. Tommy & Mary Jordan, Lower Treenduff and their daughters, Mary & Christina. Kate & Martin O'Brien, Rathruane.
<b>All Masses in <u>Straide</u> (<a href="http://www.churchtv.ie/straide/">www.churchtv.ie/straide/</a>) and Bohola (<a href="http://www.churchtv.ie/bohola/">www.churchtv.ie/bohola/</a>) are live-streamed.</b> <b>Shraheens Mass will be live-streamed on the Bohola Post Facebook Page when requested. (Marked by * above)</b> <b>All Bohola Masses will be broadcast on the 105.5 FM Radio channel.</b>		

**Recent Deaths:** Please pray for the happy repose of the souls of the following:

Margaret (Peggy) Durkan, Ummoon, who died on Sunday last, July 13<sup>th</sup> and whose funeral took place in Straide on Tuesday.

Michael McDonnell, Chiswick, London and formerly of Ballinaculla, who died on June 9<sup>th</sup> and whose funeral took place in Straide on Wednesday last, July 16<sup>th</sup>.

Nancy Rainey, Blanemore, who died on Tuesday last, July 15<sup>th</sup> and whose funeral took place in Straide on this Saturday.

Eddie Groarke, Ballinvoher, Swinford, who died on Wednesday last, July 16<sup>th</sup> and whose funeral took place in Swinford on this Saturday followed by burial in Meelick. He was the father of Marion Rice, Clooneen.

We extend sympathy to their families and pray they are at peace.

**Baptism:** On Saturday last, July 12<sup>th</sup>, in Bohola, we were delighted to welcome Méabh Norah Murphy, Treenduff, into God's family. Congratulations to her parents, Maria and Padraic, her godparents, and the wider family circle. We wish them every blessing in the future.

**Wedding Bells!** Congratulations to Sinéad Foy, Ara, and Tom Davis, Leixlip, Co Kildare who were married in Ballintubber Abbey on this Friday, July 18<sup>th</sup>. We wish them every blessing and many happy years of married life together.

**Cemetery Masses:** Mass will be celebrated in St Joseph's Cemetery, *Bohola on Saturday, August 2<sup>nd</sup> at 6.00pm* and in *Straide Cemetery on Sunday, August 3<sup>rd</sup> at 11.00am.*

**Pioneer Pilgrimage to Knock Shrine** will take place on Sunday 20<sup>th</sup> July. Prayers will be offered at Our Lady's Shrine for all who work in alcohol and drug treatment centres around Ireland. Contact Fr Robert McCabe via [prayer@pioneers.ie](mailto:prayer@pioneers.ie) for further details.

**National Grandparents Pilgrimage to Knock Shrine** takes place on Sunday, 27<sup>th</sup> July. Anointing of the Sick will be in the Basilica at 2.30pm followed by Mass at 3pm.

**Are YOU Discerning Your Path in Life?** Do you feel God may be calling you to a life of service in the Church? You're not alone on this journey. We are here to accompany you with prayer and support. *For more information please contact: Fr Paul Kivlehan, The Presbytery, Ballaghaderreen, Co. Roscommon. Mobile 087-3683535, E-mail [pkivlehan@achonrydiocese.org](mailto:pkivlehan@achonrydiocese.org)* or contact your local priest for more information.



**12<sup>th</sup> / 13<sup>th</sup>:**

**Bohola:**

€998.

**Straide:**

€678.

*Thanks for all  
your contributions.*

**New Pilgrim Path Website of the Week, Sunday, July 20<sup>th</sup>:** *Trees ....* This week we bring you two marvellous reflections on the spiritual lessons we learn from trees, whose magnificence emerges from seeming immobility and darkness.

The Dominican friar renowned retreat leader, Donagh O'Shea, observes that "a deep truthful interiority is essential to a Christian life. A tree has to sink its roots deep into the ground, otherwise it comes down in the first storm ... Our actions, our lives, like trees, emerge from a rich darkness, silence and stillness".

The great German-Swiss poet, Hermann Hesse, writes: "A tree says: 'My strength is trust. I know nothing about my fathers, I know nothing about the thousand children that every year spring out of me. I live out the secret of my seed to the very end, and I care for nothing else. I trust that God is in me. I trust that my labour is holy. Out of this trust I live'".

Access these beautiful reflections at: [www.newpilgrimpath.ie](http://www.newpilgrimpath.ie).

**Straide NS Parents Association** will hold its annual church-gate collection this Saturday, July 19<sup>th</sup> at the 8pm Mass. Your support will be greatly appreciated.

**AGM Straide Community Development Group:** Our Straide Community Development Group AGM is on this Sunday evening, 20<sup>th</sup> July at 7pm in the Community Hall. We would very much welcome you all to attend for an update on our activities over the last year and our future plans.

**Callow Lake Group Water Scheme** is inviting applications for the role of a full-time Manager. Email [deirdre@nfgws.ie](mailto:deirdre@nfgws.ie) for more details, clearly marking your application "Callow Lake Group Water Scheme Manager."

**Youth Angling Event:** East Mayo Anglers, Swinford, will hold their yearly Youth Angling Event on Saturday, July 26<sup>th</sup>. Please contact Kathleen at EMAA office on [094-9253955](tel:094-9253955) or [086-3946837](tel:086-3946837) for information and application forms. Closing date is 20<sup>th</sup> July and numbers are limited for safety reasons.

**Moy Davitts 50/50 Draw:** Congratulations to Dave Cahill, Bohola who won a jackpot of €592 in the Moy Davitts 50/50 draw last Saturday. Thanks to everyone who supported the draw, it is greatly appreciated. Tickets are available in the usual retail outlets and by playing on the club app (Moy Davitts GAA).

**Moy Davitts Golf Classic:** The Moy Davitts Golf Classic returns to Ballina Golf Course on Saturday, 9<sup>th</sup> August. Entry for team of 4 costs €160. Big prizes for all winners. Book your team now by contacting Ballina Golf Club on [096-21050](tel:096-21050).

**Social Bingo** continues every Monday in The Sheridan Community Centre, Bohola. Doors open at 8.00pm for **8.30pm start**.

**ATU St. Angela's Inviting Applications for Autumn 2025 Programme:** Part-time Certificate in Religious Education for Primary School with online delivery. Closing date is Friday, 15<sup>th</sup> August. For information, contact Mary Kearns at [mary.kearns@atu.ie](mailto:mary.kearns@atu.ie).

**North West STOP** offers a free counselling service with no waiting lists. Call or text [086-7772009](tel:086-7772009) to arrange an appointment.

**Mayo Cancer Support** provides FREE support services to those affected by cancer. Call [094-9038407](tel:094-9038407).

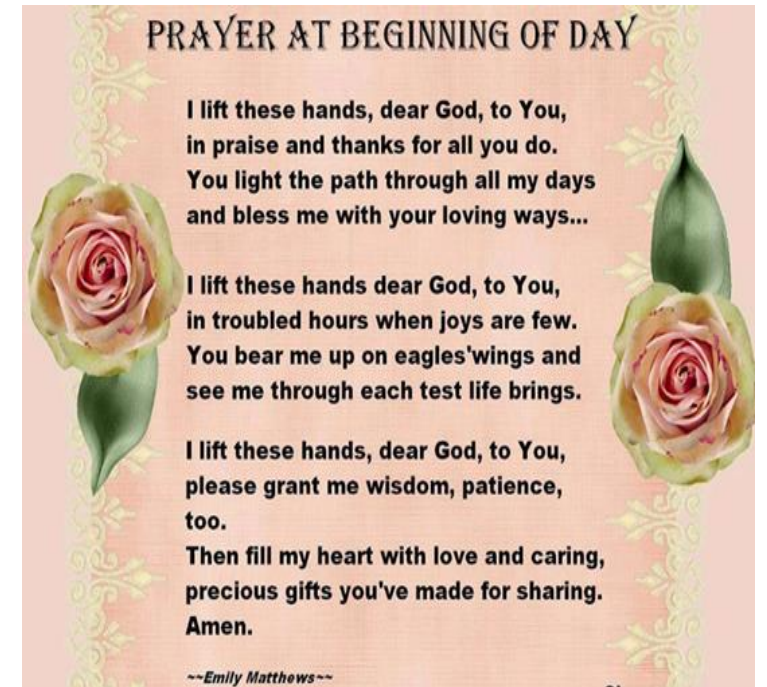
**Mindspace Mayo:** Mindspace Mayo offers a free support service to young people (12-25yrs) in Co. Mayo, presenting with anything from common concerns (e.g. dealing with break-up, exam stress, bullying) to emerging mental health difficulties like mild depression and anxiety. Mindspace is located in Market Square, Castlebar and anyone can make a referral. Visit [www.mindspacemayo.ie](http://www.mindspacemayo.ie) or call [094-9067001](tel:094-9067001).

**Gianna Care** provides help to anyone experiencing an unexpected pregnancy, or who needs help following an abortion. Their trained client advocates, counsellors, nurses and doctors are there to help. See [giannacare.ie](http://giannacare.ie).

**Pro-Life Campaign:** The Pro-Life Campaign is a human rights organisation committed to defending the right to life at all stages, from conception to natural death. We also campaign for resources to support and assist pregnant women and those in need of healing after abortion. Right now, the Pro Life Campaign is working to change public policy that promotes abortion at every turn - to reduce Ireland's soaring abortion numbers and highlight life-affirming alternatives. For more information visit us at [www.prolifecampaign.ie](http://www.prolifecampaign.ie).

**Hospital & Home Visits/Family Deaths:** *If you wish the priest to visit relations or friends in hospital or at home or to put a notice of family deaths outside the parish in the weekly newsletter – please make contact by phone or email.*

**When the phone was tied with a wire, humans were free!**





# Extended Online Newsletter

**Community Inclusion Spotlight - Welcoming New Communities into Your Organisations:** Would your organisation like to be featured on the Mayo PPN website and across our social media platforms? Mayo PPN is running a new series called Community Inclusion Spotlight. It's a weekly feature on a Community Group highlighting how the group is welcoming New Communities into their area. All we need is a short brief about your group and how you have welcomed 'New Communities' on board. Send a description of your group –150/250 words by email to [mayoppn@mayococo.ie](mailto:mayoppn@mayococo.ie). Include 3-4 photographs.

**Fr. Peyton Centre, Attymass, Opening Hours** are Monday to Friday 9.30am to 5.30pm. The Centre will be opened on Saturdays from 10<sup>th</sup> May until the 27<sup>th</sup> September from 12.00pm until 5.00pm. Tel: [096-45374](tel:09645374). Fr. Peyton Mission Office, Main Street Knock, F12 Y8 H2 opening Hours: Wednesday till Sunday 10am- 3pm.

**Dementia Activity Club:** Come join a new Early stage Dementia Activity Club for a journey of fun, adventure, day trips, social outings and much more. It is for people with dementia and their family/carers. Come and join us to be part of a community that celebrates life and creates memories. The club commences on April 24<sup>th</sup> at 1pm in Lough Lannagh Village Main Hall, F23 VW73. You can contact Marie Philbin on [087-1708706](tel:0871708706) or [marie.philbin@alzheimer.ie](mailto:marie.philbin@alzheimer.ie).

**Nia Classes.** Enjoyable, healthy movement barefoot to music. Great for balance, flexibility and overall well-being. Mondays 10am at Swinford Cultural Centre. Contact Siobhan at [089-4182740](tel:0894182740).

**Home Instead Mayo** is urgently looking for Care Assistants in all areas of Mayo. Help us provide care to someone in need near you today! Training and support provided. Call [094-9044785](tel:0949044785) or email [siobhan.brennan@homeinstead.ie](mailto:siobhan.brennan@homeinstead.ie).

**Ballina Bereavement Support Group:** Life after a bereavement can feel very lonely especially as we approach Christmas. Sometimes spending time, talking and sharing with others who share that experience can be helpful. Trained facilitators conduct a monthly Bereavement Support Group meeting at the Newman Institute on the second Wednesday of each month at 8pm. All are welcome.

**Counselling** is available at Convent Rd., Ballaghaderreen and at Moneen, Castlebar. Enquiries to [087-9972503](tel:0879972503).

**Free Advertising with Mayo PPN:** Are you holding a community event/activity? Email your details with a Jpeg poster to [mayoppn@mayococo.ie](mailto:mayoppn@mayococo.ie). We will circulate via the PPN social media platforms to our 1,000 plus community groups.

**FACT Social Club:** We are an independent community-based service here in Foxford, Co Mayo, and we support people living with Dementia or in rural isolation. We are open Monday to Friday and provide social interaction, activities and much more in a safe and supported environment. If you would like more information on the services we offer, please contact us at [factsocialclub1@gmail.com](mailto:factsocialclub1@gmail.com) or telephone [094- 9256662](tel:0949256662).

**Bereavement Support Group:** Life after bereavement can feel empty and lonely. Sometimes spending time with others who know the experience can be helpful. Trained facilitators conduct a weekly bereavement Support Group meeting at the Family Centre, Knock each Wednesday at 11am. No booking required. Further information from Monica Morley on [094-9375320](tel:0949375320).

**Prayer Group Silent Servants of Divine Mercy:** Colum and Seosamh are two young men with non- verbal autism. They spell to communicate. They have had a prayer ministry for some years now and recently made a Facebook page called *Silent Servants of the Divine Mercy*. They invite people to like the page and send their prayer intentions to them. They then pray and offer their sufferings for all the prayer intentions. They also recently started a sodality called *Silent Servants of the Divine Mercy Sodality*. The Sodality holds a monthly online prayer meeting on Zoom. Seosamh spelled:

"The sodality is for silent people and others who cannot go to a prayer meeting in person. We have a prayer meeting once a month and silent people and others could join the meeting online". The hope is that other people can join them in praying for the intentions of the Silent Servants. The meeting will be approximately 30 minutes. Please send a text to [086-4134847](tel:0864134847) if you are interested in attending the meeting. The day before the meeting we will send out a Zoom link for the meeting.

It is for people who cannot attend prayer meetings in person, special needs people, sick people, and elderly people-anyone who can't get to a prayer meeting but who would like to pray with others.

**Preparing for Marriage?** Weekend residential course is available from 19<sup>th</sup> to 21<sup>st</sup> September. Details: [www.qrasta.org](http://www.qrasta.org) or at [info@qrasta.org](mailto:info@qrasta.org).



A Boy asked his Father:- Dad what is the size of GOD?

Then the Father looked up at the Sky and saw a Plane and asked his Son:- What is the size of this Plane?

The Boy replied:- it is very small. I can hardly see it. Then, the father took him to the airport and as they approached a plane, he asked: - Now, my Son, how big is this Plane? The boy replied:- Wow dad, it's huge! Then the father told him:- GOD's size depends on how close or far you are to him. The closer you are to him, the Greater and Greater he will be in your life!

## I LOVE THIS ONE

When the two ears are put side by side it forms the shape of the heart.

Interestingly, the word 'ear' sits right in the middle of the word 'heart' (h-ear-t). The ear is the way to the heart so if you want someone's heart, learn to listen to them. If u want God's heart learn to listen to him