Straide/Bohola/Shraheens Newsletter

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Newsletter available on <u>www.straideparish.com</u> and <u>Straide Parish Facebook</u> page

17th Sunday in Ordinary Time – 27th July 2025

The Week Ahead

Saturday, July 26 th .	11.00am Straide	John Kelly, Straide. (Month's Mind)
	8.00pm Straide	James Maloney & his wife Ann, Tavnabeg.
Sunday, July 27 th .	9.30am Shraheens	For all the People.
	11.00am Bohola	Tommy & Mary Jordan, Lower Treenduff
		and their daughters, Mary & Christina.
		Kate & Martin O'Brien, Rathruane.
Monday, July 28 th .	12 noon	Funeral Mass of Ronan Grace, Ballinlag.
Tuesday, July 29 th .	8.00pm	Gerry Maloney, Carroward & dec'd of Maloney & McHale families.
	7.30 -8.30pm	Adoration of the Blessed Sacrament in Straide.
Wednesday, July 30 th .	10.00am Straide	For all the People.
	10.00am – 12 noon	Adoration of the Blessed Sacrament.
	5.00 – 9.00pm	Adoration of the Blessed Sacrament. (Blessed Sacrament Chapel)
Thursday, July 31 st .		No Mass.
Friday, August 1 st .	7.00pm Straide	Frank Reid, Carracastle (Birthday Remembrance)
		and all deceased of the Reid family.
Saturday, August 2 nd .	6.00pm* Bohola	Mass in St. Joseph's Cemetery.
Sunday, August 3 rd .	9.30am Shraheens	For all the People.
	11.00am Straide	Mass in Straide Cemetery.
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All Masses in Straide (<u>www.churchtv.ie/straide/</u>) and Bohola (<u>www.churchtv.ie/bohola/</u>) are live-streamed.

Shraheens Mass will be live-streamed on the Bohola Post Facebook Page when requested. (Marked by * above)

All Bohola Masses will be broadcast on the 105.5 FM Radio channel.

Recent Deaths: Please pray for the happy repose of the soul of <u>Ronan Grace</u>, Ballinlag, who died on Friday, July 25th. His remains will repose in the Sheridan Community Centre on this Sunday evening from 5.00 to 7.00pm and will arrive in Bohola Church for his funeral Mass on Monday at 12 noon with burial afterwards in St Joseph's Cemetery. May he rest in peace.

Your prayers are also requested for the happy repose of the soul of <u>Teresa Howard</u>, Tralee, who died on Tuesday, July 8th and whose funeral took place in Tralee on July 11th. She was the sister of Nora Lavin, Aughaliskea. May she rest in peace.

<u>Cemetery Masses:</u> Mass will be celebrated in St Joseph's Cemetery, Bohola on next Saturday, August 2nd at <u>6.00pm</u> and in Straide Cemetery on next Sunday, August 3rd at 11.00am. All are invited to refreshments in Straide Community Hall after Mass in the cemetery on Sunday.

<u>General Clean-Up of St Joseph's Cemetery</u> will take place on Thursday evening next at 7.00pm in preparation for the Cemetery Mass on Saturday next. All help will be greatly appreciated so please come along. Many hands make light work!

A PRAYER OF BLESSING FOR GRANDPARENTS

Loving Father,
I thank you for my grandparents.

For the life they have lived, for the care they have shown, and for the love they give each day.

Bless them with peace in their hearts and joy in their days. Give them strength when they are tired and comfort when they feel pain.

May they always know how deeply they are loved, by you and by their family. Guide them with your light, and keep them safe in your care.

Amen.

St. Joachim and St. Anne, pray for us

World Day for Grandparents and the Elderly is celebrated on this Sunday, July 27th. It is a day to recognise their wisdom, love, and the faith they have passed on to us. Yet, these gifts deserve to be recognised every single day. Their presence enriches our lives and teaches us the value of family

Let us pray for all grandparents and elderly people, for those who are with us and those who have gone before us, asking God to bless them with peace and joy.

National Grandparents Pilgrimage to Knock Shrine takes place on this Sunday, 27th July. Anointing of the Sick will be in the Basilica at 2.30pm followed by Mass at 3pm.

New Pilgrim Path Website of the Week, Sunday, July 27th: Teilhard – Prophet of Cosmic Hope "Teilhard de Chardin, philosopher and theologian, scientist, palaeontologist, mystic and Jesuit priest, profoundly absorbed the Ignatian vision of 'finding God in all things' and extended it to the furthest reach of the cosmos. He developed a unique synthesis of science and religion based on an evolutionary understanding of what he called the 'cosmic Christ' – the idea that the universe and everything in it is constantly moving towards to a point of perfection defined by unity and love." To read a superb article on "Pierre Teilhard de Chardin: Prophet of Cosmic Hope", visit: www.newpilgrimpath.ie.



19th / 20th: Bohola: €629. Straide: €259.

Thanks for all your contributions. The Diocesan Pilgrimage to Knock for Elphin & Achonry Dioceses is on Sunday, August 17th. Mass in the Basilica is at 3pm with anointing of the sick before Mass at 2.30pm. A very good day is to be expected. Please come along with your families. There will be also the Family Day on the same date offering various activities for families with children of all ages. We extend a particular welcome to our Altar Servers and their families. See https://www.knockshrine.ie/family-day-at-knock-shrine/ for more information about Family Day visit.

<u>The Youth 2000 Summer Festival (16-35yrs)</u> takes place from August 7th to 10th in Newbridge College, Co. Kildare. Pack a sleeping bag and snacks and come along for a weekend of prayer, friendship, inspirational talks and workshops. Donation only. Free bus from each province - book early! For for more information contact <u>connaught@youth2000.ie</u>. Register online at <u>Youth2000.ie</u> - see you there!

SVP Annual Church Collection: The local Pius X Conference will hold their annual church collections on the weekend of August 9th and 10th in Bohola, Shraheens, Kiltimagh and Kilkelly. Your continued generosity is greatly appreciated.

<u>Mayo Stoma Support Group</u> will hold a meeting on Thursday, 31st July at 7pm in the Ellison Hotel Castlebar. It is open to all who either have a stoma or care for them. If you would like to book a place, please text 087-6275766. All are welcome.

<u>Straide Church Rotas for August</u> <u>First Reading:</u> Carmel Neary.

<u>Second Reading:</u> Micheal Kelly. <u>Prayers of the Faithful:</u> Servers.

Minister of Communion: Maggie McNulty.

<u>Offertory Collectors:</u> Geraldine Hynes & Michael Jordan.

Opening/Closing Church: Frances Regan.

<u>Would You be Willing to Provide Companionship to an Older Person Locally?</u> ALONE are seeking volunteers in your area. Full training and support provided. If interested, please apply via the ALONE website at <u>www.alone.ie</u> or for further information please contact Oliwia on <u>086-0135043</u> or via email at <u>oliwia.kolska@alone.ie</u>.

If you are over 60 and would like to know more about the services ALONE can offer you, please call <u>0818-222 024</u>.

<u>Callow Lake Group Water Scheme</u> is inviting applications for the role of a full-time Manager. Email <u>deirdre@nfgws.ie</u> for more details, clearly marking your application "Callow Lake Group Water Scheme Manager."

<u>Moy Davitts 50/50 Draw:</u> Congratulations to Regina Quinn who won a jackpot of €506 in the Moy Davitts 50/50 draw last Saturday. Thanks to everyone who supported the draw, it is greatly appreciated. Tickets are available in the usual retail outlets and by playing on the club app (Moy Davitts GAA).

Moy Davitts Golf Classic: The Moy Davitts Golf Classic returns to Ballina Golf Course on Saturday, 9th August. Entry for team of 4 costs €160. Big prizes for all winners. Book your team now by contacting Ballina Golf Club on <u>096-21050</u>.

Social Bingo continues every Monday in The Sheridan Community Centre, Bohola. Doors open at 8.00pm for 8.30pm start.

<u>ATU St. Angela's Inviting Applications for Autumn 2025 Programme:</u> Part-time Certificate in Religious Education for Primary School with online delivery. Closing date is Friday, 15th August. For information, contact Mary Kearns at *mary.kearns@atu.ie*.

North West STOP offers a *free counselling* service with no waiting lists. Call or text <u>086-7772009</u> to arrange an appointment.

Mayo Cancer Support provides FREE support services to those affected by cancer. Call (094) 9038407.

Mindspace Mayo: Mindspace Mayo offers a free support service to young people (12-25yrs) in Co. Mayo, presenting with anything from common concerns (e.g. dealing with break-up, exam stress, bullying) to emerging mental health difficulties like mild depression and anxiety. Mindspace is located in Market Square, Castlebar and anyone can make a referral. Visit www.mindspacemayo.ie or call 094-9067001.

<u>Gianna Care</u> provides help to anyone experiencing an unexpected pregnancy, or who needs help following an abortion. Their trained client advocates, counsellors, nurses and doctors are there to help. See *giannacare.ie*.

Prayer of an Unknown Soldier

I asked for strength that I might achieve;

He made me weak that I might obey.

- I asked for health that I might do greater things;
- I was given grace that I might do better things.
- I asked for riches that I might be happy;
- I was given poverty that I might be wise.
- I asked for power that I might have the praise of men; I was given weakness that I might feel the need of God.
- I asked for all things that I might enjoy life;
- I was given life that I might enjoy all things.
- I received nothing that I asked for, all that I hoped for. My prayer was answered.

Seventeenth Sunday in Ordinary Time

Points to Ponder:

Jesus is asked by a disciple: Lord teach us to pray and Jesus taught the disciple the perfect prayer which is the Our Father. If we try to deeply reflect on this prayer we would notice that the Our Father contains our Adoration for God, our Contrition/Repentance for the sins that we have committed and our Supplication: we request God to give us the food that we need.

Prayer is not asking God to give us this and that. Prayer is essentially satisfying our longing for God. And the God that we always long for will grant us the desires of our hearts because we always thirst and hunger to be with Him in prayer.

The funniest thing I heard an elder say:

"My generation had Wonder Woman. Your generation has to wonder if it is a woman"!

Extended Online Newsletter

<u>Are YOU Discerning Your Path in Life?</u> Do you feel God may be calling you to a life of service in the Church? You're not alone on this journey. We are here to accompany you with prayer and support. <u>For more information please contact: Fr Paul Kivlehan, The Presbytery, Ballaghaderreen, Co. Roscommon. Mobile 087-3683535, E-mail pkivlehan@achonrydiocese.org or contact your local priest for more information.</u>

<u>Community Inclusion Spotlight - Welcoming New Communities into Your Organisations:</u> Would your organisation like to be featured on the Mayo PPN website and across our social media platforms? Mayo PPN is running a new series called Community Inclusion Spotlight. It's a weekly feature on a Community Group highlighting how the group is welcoming New Communities into their area. All we need is a short brief about your group and how you have welcomed 'New Communities' on board. Send a description of your group –150/250 words by email to <u>mayoppn@mayococo.ie</u>. Include 3-4 photographs.

<u>Fr. Peyton Centre, Attymass, Opening Hours</u> are Monday to Friday 9.30am to 5.30pm. The Centre will be opened on Saturdays from 10th May until the 27th September from 12.00pm until 5.00pm. Tel: <u>096-45374</u>. Fr. Peyton Mission Office, Main Street Knock, F12 Y8 H2 opening Hours: Wednesday till Sunday 10am-3pm.

<u>Dementia Activity Club:</u> Come join a new Early stage Dementia Activity Club for a journey of fun, adventure, day trips, social outings and much more. It is for people with dementia and their family/carers. Come and join us to be part of a community that celebrates life and creates memories. The club commences on April 24th at 1pm in Lough Lannagh Village Main Hall, F23 VW73. You can contact Marie Philbin on *087-1708706* or <u>marie.philbin@alzheimer.ie</u>.

Nia Classes. Enjoyable, healthy movement barefoot to music. Great for balance, flexibility and overall well-being. Mondays 10am at Swinford Cultural Centre. Contact Siobhan at <u>089-4182740</u>.

<u>Home Instead Mayo</u> is urgently looking for Care Assistants in all areas of Mayo. Help us provide care to someone in need near you today! Training and support provided. Call <u>094-9044785</u> or email <u>siobhan.brennan@homeinstead.ie</u>.

Ballina Bereavement Support Group: Life after a bereavement can feel very lonely especially as we approach Christmas. Sometimes spending time, talking and sharing with others who share that experience can be helpful. Trained facilitators conduct a monthly Bereavement Support Group meeting at the Newman Institute on the second Wednesday of each month at 8pm. All are welcome.

Counselling is available at Convent Rd., Ballaghaderreen and at Moneen, Castlebar. Enquiries to 087-9972503.

<u>Free Advertising with Mayo PPN:</u> Are you holding a community event/activity? Email your details with a Jpeg poster to <u>mayoppn@mayococo.ie</u>. We will circulate via the PPN social media platforms to our 1,000 plus community groups.

<u>FACT Social Club:</u> We are an independent community-based service here in Foxford, Co Mayo, and we support people living with Dementia or in rural isolation. We are open Monday to Friday and provide social interaction, activities and much more in a safe and supported environment. If you would like more information on the services we offer, please contact us at <u>factsocialclub1@gmail.com</u> or telephone <u>094- 9256662</u>.

Bereavement Support Group: Life after bereavement can feel empty and lonely. Sometimes spending time with others who know the experience can be helpful. Trained facilitators conduct a weekly bereavement Support Group meeting at the Family Centre, Knock each Wednesday at 11am. No booking required. Further information from Monica Morley on <u>094-9375320</u>.

Prayer Group Silent Servants of Divine Mercy: Colum and Seosamh are two young men with non- verbal autism. They spell to communicate. They have had a prayer ministry for some years now and recently made a Facebook page called <u>Silent Servants of the Divine Mercy</u>. They invite people to like the page and send their prayer intentions to them. They then pray and offer their sufferings for all the prayer intentions. They also recently started a sodality called <u>Silent Servants of the Divine Mercy Sodality</u>. The Sodality holds a monthly online prayer meeting on Zoom. Seosamh spelled:

"The sodality is for silent people and others who cannot go to a prayer meeting in person. We have a prayer meeting once a month and silent people and others could join the meeting online". The hope is that other people can join them in praying for the intentions of the Silent Servants. The meeting will be approximately 30 minutes. Please send a text to <u>086-4134847</u> if you are interested in attending the meeting. The day before the meeting we will send out a Zoom link for the meeting.

It is for people who cannot attend prayer meetings in person, special needs people, sick people, and elderly people-anyone who can't get to a prayer meeting but who would like to pray with others.

<u>Preparing for Marriage?</u> Weekend residential course is available from 19th to 21st September. Details: www.grasta.org or at info@grasta.org.



Once a man was asked,
"What did you gain by
regularly praying to God?"

The man replied, "Nothing... but let me tell you what I lost: anger, ego, greed, depression, insecurity, and fear of death. " Sometimes, the answer to our prayers is not gaining but losing, which ultimately is the gain.

~ Amen ~

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My muscles are sore,
but they work.

I did not sleep well
last night, but God
woke me up.
My wallet is not full,
but my belly is.

I may not have it all, but
God gives me what I need.
My life isn't perfect,
but my life is good.

I've truly been blessed.
Thank You, Lord.
Amen.

