

Straide/Bohola/Shraheens Newsletter

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Newsletter available on www.straideparish.com and [Straide Parish Facebook page](#)

The Dedication of the Lateran Basilica – 9th November 2025



The Week Ahead

Saturday, November 8 th .	7.00pm <i>Straide</i>	James White, Ashbrook. (2 nd Anniversary) Agnes McNicholas, Tavnabeg. (10 th Anniversary) Anthony Roache, Fisherhill, Parke. (Birthday Remembrance) <i>First Communion Grow in Love.</i>
Sunday, November 9 th .	9.30am <i>Shraheens</i> 11.00am <i>Bohola</i> 12.30am <i>Straide</i>	Patrick & Margaret Carney and deceased family. Seamus O'Brien, Ballyvary. (Month's Mind) Michéal Walsh, Ardacarra (3 rd Anniversary), his father Michael, and uncles Gerald & Tommy. John Kelly, Lismirrane & London. Pat Bent & deceased of Bent & Chambers families. Teece & Tom O'Neill, Ardacarra and deceased of McNicholas & O'Neill families. <i>First Communion Grow in Love.</i> Ecumenical Service at Straide War Dead Memorial.
No Mass on Monday or Tuesday – Priests Conference in Westport.		
Monday, November 10 th .	7.00 – 8.00pm	Holy Hour of Adoration for the Holy Souls.
Tuesday, November 11 th .	7.00 - 8.00pm	Adoration of the Blessed Sacrament in Straide.
Wednesday, November 12 th .	10.00am – 12 noon 5.00 – 9.00pm 7.00pm <i>Straide</i>	Adoration of the Blessed Sacrament. Adoration of the Blessed Sacrament. (<i>Blessed Sacrament Chapel</i>) Mary & Martin King and deceased of Walsh family, Knockshanbally.
Thursday, November 13 th .	10.00am	For all the People.
Friday, November 14 th .	9.00pm	Ann Tallott (née O'Brien), Kilkenny & Treenduff. (3 rd Anniversary)
Saturday, November 15 th .	12 noon 7.00pm <i>Straide</i>	Bridie McHugh, Clooncondra. (Month's Mind) Jimmy Loftus, Ashbrook & Castlebar. (1 st Anniversary) <i>Followed by Cemetery Rosary.</i>
Sunday, November 16 th .	9.30am <i>Shraheens</i> 11.00am <i>Bohola</i>	For all the People. Kieran Howley, Carragolda (8 th Anniversary), his father Jerome, and his grandparents, Patrick & Kathleen Howley. James and Eileen Tierney, Ardgullen, and Tommy Quinn. <i>Followed by Rosary in St Joseph's Cemetery.</i>
All Masses in Straide (www.churchtv.ie/straide/) and Bohola (www.churchtv.ie/bohola/) are live-streamed. Shraheens Mass will be live-streamed on the Bohola Post Facebook Page when requested. (Marked by * above) All Bohola Masses will be broadcast on the 105.5 FM Radio channel.		

Recent Deaths: Please pray for the happy repose of the soul of Eileen Maquire (née Conlon), Luton and formerly of Latton, Co Monaghan, who died on Saturday, November 1st. She was the sister of the late Jimmy Conlon, Toughnane. May she rest in peace. Your prayers are also requested for the happy repose of the soul of Kathleen Lyons, Woodgreen, London, who died recently in London and whose funeral will take place there later. She was the wife the late Martin Lyons, Lismirrane. May she rest in peace.

Westport Conference: The priests of the diocese will be away at a conference in Westport from Sunday afternoon until Wednesday afternoon so there will be no Mass on Monday or Tuesday. In case of emergency, Fr. O'Mahony will still be contactable by phone.

November Adoration Holy Hour in Bohola continues on Monday evenings of November from 7.00 to 8.00pm for all our faithful departed and for all who are grieving the loss of a loved one at this time. Please join us and all are welcome.

Straide Volunteer Opportunity: The PPC have left sheets in the church suggesting voluntary roles parishioners might take on. Please consider sharing your talents for the good of your church. Continued thanks to all those who already do Trojan work in keeping our parish alive. More help is always welcome.



1st / 2nd:

Bohola:

€1,053.

Straide:

€692.

Thanks for all your contributions.

Remembrance Sunday Commemoration: An Ecumenical Service of Blessing and Commemoration will take place at Straide War Dead Memorial this Sunday at 12.30pm. The Castlebar Concert and Marching Band will be in attendance to provide musical accompaniment and a wreath will be laid at the memorial site. Refreshments will be served in Straide Community Hall after the commemoration. All are welcome.

Mass for Bereaved Parents in St John's Rest and Care Centre Knock takes place this Sunday, at 3.00pm. The names of all deceased children will be read out as their parents place candles in remembrance on the altar. All bereaved parents, grandparents and families are welcome to attend.

Straide November Dead List: Please check the list (available in the church) of those who have died since last November and let us know if there are other names to be added.

Cemetery Rosaries will take place after Mass on the 16th and 23rd in St Joseph's Cemetery and the old cemetery respectively in Bohola and in Straide after the Saturday 7pm Mass on the 15th.

November at Fr Peyton Centre: Guided Prayer Afternoon on Thursday, November 13th from 2pm to 4.30pm. The afternoon will include: rosary, meditation, silent time and Mass. For information contact: Fina [096-45374](tel:096-45374) / [087-6816821](tel:087-6816821).

Conference to Honour the Life and Teachings of Venerable Archbishop Fulton Sheen is on Saturday, 15th November in Knock Shrine. Dr Peter Howard, author, Theologian, Mariologist and one of the world's foremost experts on Fulton Sheen, presents three main talks. This will be Ireland's first event of its kind and highlights Fulton Sheen's message on the importance of the Daily Holy Hour in prayer before the Blessed Sacrament. Event starts at 10.30am with Confessions and Adoration in the Reconciliation Chapel followed by talks in St John's Centre and Mass from 11.45 to 5pm. See www.FultonSheenInstitute.com

The Youth 2000 Connaught Retreat takes place from November 21st to 23rd in Summerhill College, Sligo. Workshops, music, talks, testimonies and more will form the Retreat. Donation only. Register online at Youth2000.ie or contact connaught@youth2000.ie for more information.

Durkan Bohola Community Park Lip Sync Fundraiser is on Saturday next, November 15th in the Park Hotel, Kiltimagh, at 8.30pm. All proceeds go towards the development of a new playground so all support will be greatly appreciated and a great night's entertainment is guaranteed. Tickets (€20) available in Clarke's, from committee members or on the door.

Straide Community Safety Information Evening takes place on Monday, November 10th at 7.30pm in Straide Community Centre. Join us to meet our local Garda and see how we can contribute to keeping our community safe. Hear about their work in the Community. All are welcome to this Garda Information Evening, hosted by Straide Women's Group.

Straide 25 Card Game: Save the Date – Friday, December 5th, 25 Card game at Straide Davitt Community Hall (F26 RX36). It is a fundraiser for Mayo Cancer Support and Straide Community Development Group, organised by Straide Women's Group.

The Moy Davitts Junior Ladies Team is having a get-together in the Foxford Woollen Mills on Sunday, November 9th at 12 noon. This is a great opportunity for women interested in getting back into football to meet others for a coffee and a chat. Everyone is welcome. See the Moy Davitts LGFA Facebook page for more information.

Moy Davitts 50/50 Draw: Congratulations to Derry Cox who won a jackpot of €484 in the Moy Davitts 50/50 draw last Saturday. Thanks to everyone who supported the draw, it is greatly appreciated. Tickets are available in the usual retail outlets and by playing on the club app (Moy Davitts GAA).

Christmas Dinner in Bohola: Names can still be given to Pat Clarke or Fr Stephen for dinner on December 13th.

Breathwork Classes begin in Bohola Community Centre on Tuesday evenings from 11th November at 8.00pm for one hour. Benefits include stress reduction, enhanced relaxation, improved sleep quality and more. Five-week course costs €90 per person. For more information, see www.sagewellbeing.ie, email carmel@sagewellbeing.ie or phone [087-6972726](tel:087-6972726).

Mayo Stoma Support Group will meet on Thursday 13th November at 7.00pm in the Ellison Hotel Castlebar. It is open to all who either have a stoma or care for them. If you would like to book a place, please text [087-6275766](tel:087-6275766).

Online Bereavement Information Evening hosted by Anam Cara is on Thursday, November 20th at 7pm for bereaved parents. Niamh Fitzpatrick will be the guest speaker, bringing together her personal experience of grief and her professional expertise as a psychotherapist. She will share her learnings and insights as she navigates her own experience of grief, having suffered a traumatic loss in March 2017, when her sister, Captain Dara Fitzpatrick, was one of the four crew killed when Irish Coast Guard rescue helicopter Rescue 116 crashed while out on a mission. This session may be especially beneficial for parents seeking to understand their children's unique perspectives on grief, and those navigating traumatic or sudden losses. For more information, call [01-4045378](tel:01-4045378) or email info@anamcara.ie.

Foster Carers Urgently Needed: Freephone [1800 226 771](tel:1800226771), Email tusla.fostering@tusla.ie. Find out more at fostering.ie.

Workability: Do you have a medical condition or difficulty, and are you looking for work, or want to improve your employment prospects? If you are an employer, find out more about how we can help your business! The Mayo North East Workability programme is based in Erris but we cover a large part of Mayo, including Bohola. Email rosemariemangan@mayonortheastldc.com or call Siobhán on [087-4996605](tel:087-4996605) for more information. All confidential.

[Much more in the online Extended Newsletter at www.straideparish.com](http://www.straideparish.com)

So you don't want to go to His house on Earth, yet you expect to live in His mansion in Heaven?

Think about that statement!

Extended Online Newsletter

Upcoming Events at the Dominican Retreat Centre, St. Mary's Priory, Tallaght Village, Dublin D24 KA40: *Lectio Retreat Day*: Sunday, 30th November 10am to 4pm. *Mindfulness for Christmas*: Saturday, 6th December 1pm to 3pm. *Advent Retreat*: Thursday 11th to -Sunday 14th December. *Taize Prayer Around the Cross*: (Ages 18-35) First Thursday of each month at 7:30pm. For more information, phone [01-4048189](tel:01-4048189) or email dominicanretreats@gmail.com.

Social Bingo continues every Monday in The Sheridan Community Centre, Bohola. Doors open at 8.00pm for **8.30pm start**.

Balla Bingo Every Sunday Night: "Eyes down at 8pm". Play online or in hall. Get books here: <https://shorturl.at/4GBMM>. Sunday, November 16th: Monster Bingo €15,000 prize fund to celebrate 30 years of Balla CRD.

Line Dancing in Balla Community Centre every Tuesday morning at 11am. Contact Christopher on [086-8474744](tel:086-8474744).

Social Dancing in Parke Community Hall continues on Thursdays at 8.30pm. Everyone is welcome for a great night of dancing with Gerry. Partners not required.

Pre-Marriage Courses by Accord in Sligo, Castlebar, Galway, Oranmore, Ballinasloe and online. Check for availability, by county, on www.accord.ie.

Preparing for Marriage? Weekend residential courses available on 21st to 23rd November 2025, 6th to 8th March 2026 and 13th to 15th November 2026. Details at www.grasta.org or email info@grasta.org.

Married Couples Course: Weekend residential courses available on 22nd and 23rd November 2025, 7th and 8th March 2026 and 14th and 15th November 2026. Details at www.grasta.org or email info@grasta.org.

Marriage Enrichment Weekend in The Focolare Centre, Curryhills, Prosperous, Co. Kildare, November 7th to 9th. Open to all married couples. For info/booking, see www.marriageencounter.ie.

Dementia Support Workers Sought: Looking for meaningful, flexible work? We're seeking compassionate, honest, reliable people to support individuals living with dementia in their own homes in Co. Mayo. You will offer companionship and social connection, assist with daily living activities, support meaningful activities and give primary carers a well-deserved break. Flexible hours to work around your schedule. Make a real difference, one visit at a time. Essentials: QQI Level 5 modules in Care Skills & Care of the Older Person. Desirable: Previous experience in caring / QQI Level 5 in Health Care. Interested? Get in touch today! Call [094-9364900](tel:094-9364900) or email careers@westernalzheimers.ie.

Become a Family Support Worker/PA for Children with a Disability: Enable Ireland Mayo Services require Family support workers/PAs in all areas of County Mayo to work with children with a disability. Our staff usually works one-to-one with a child within their home but also within their community or at centres throughout Mayo. Hours required are usually afternoon/evenings and Saturdays. Training is also provided. If you are interested please email shahir@enableireland.ie for further information. This is a very rewarding role and our Staff are very positive about their experience.

Mayo's Creamery Years Project: The project is preserving the voices and memories of people who remember life around Mayo's creameries. Supported by the Heritage Council and led by Mayo County Council, it welcomes contributions from anyone with memories to share. To get involved, contact Mac Conmara Heritage Consulting at [086-2747230](tel:086-2747230) or email tara.maconmaraheritage@gmail.com.

Gianna Care provides help to anyone experiencing an unexpected pregnancy, or who needs help following an abortion. Their trained client advocates, counsellors, nurses and doctors are there to help. See giannacare.ie.

Mayo Cancer Support provides FREE support services to those affected by cancer. Call [\(094\) 9038407](tel:094-9038407).

North West STOP offers a *free counselling* service with no waiting lists. Call or text [086-7772009](tel:086-7772009) to arrange an appointment.

Mindspace Mayo: Mindspace Mayo offers a free support service to young people (12-25yrs) in Co. Mayo, presenting with anything from common concerns (e.g. dealing with break-up, exam stress, bullying) to emerging mental health difficulties like mild depression and anxiety. Mindspace is located in Market Square, Castlebar and anyone can make a referral. Visit www.mindspacemayo.ie or call [094-9067001](tel:094-9067001).

Hospital & Home Visits/Family Deaths: If you wish the priest to visit relations or friends in hospital or at home or to put a notice of family deaths outside the parish in the weekly newsletter – please make contact by phone or email.

Love this analogy!

You are holding a cup of tea when someone comes along and bumps into you or shakes your arm, making you spill your tea everywhere.

Why did you spill the tea?

"Because someone bumped into me!!!"

Wrong answer.

You spilled the tea because there was tea in your cup.

Had there been lemonade in the cup, you would have spilled lemonade.

Whatever is inside the cup is what will spill out.

Therefore, when life comes along and shakes you (which WILL happen), whatever is inside you will come out. It's easy to fake it, until you get rattled.

So we have to ask ourselves... "what's in my cup?!"

When life gets tough, what spills over?

Joy, gratefulness, peace and humility?

Anger, bitterness, harsh words and reactions?

Life provides the cup, YOU choose how to fill it.

Today let's work towards filling our cups with gratitude, forgiveness, joy, words of affirmation; and kindness, gentleness and love for others.

